

# 2018-2019 Antarctic Deployment Packet for ASC Personnel

Please review this Deployment Packet carefully. It includes information you need to know before you get to the Ice and forms to fill out and return to ASC.



Photo Credit: Josh Landis

**Antarctic Support Contract**  
7400 S. Tucson Way  
Centennial, CO 80112-3938

Travel:

800-688-8606 x33202  
303-790-8606 x33202  
fax: 303-705-0742  
email: [deploy@usap.gov](mailto:deploy@usap.gov)

Medical - UTMB:

855-300-9704  
fax: 409-772-3600  
email: [medical@usap.gov](mailto:medical@usap.gov)

HR - Best Recycling:

800-688-8606 x32214  
720-568-2214

HR - Gana-A'Yoo (GSC):

800-688-8606 x32494 or 32351  
720-568-2494  
720-568-2351  
fax: 303-662-8770

HR - GHG:

800-688-8606 x32138  
720-568-2138

HR - Leidos:

800-688-8606 x32173  
720-568-2173  
fax: 303-662-8770

HR - PAE:

800-688-8606 x32492  
720-568-2492  
fax: 303-662-8770

HR - UTMB:

409-772-8699

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<b>ASC Travel</b>	
<b>7400 S. Tucson Way</b>	
<b>Centennial, CO 80112-3938</b>	
<b>or fax to 303-705-0742</b>	
1) Trip Details (TL-FRM-0090)	
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7) Permanent, fulltime employees please submit a Fulltime Deployment TRW (TL-FRM-0095) instead of a Trip Details.	

*USAP records are maintained in accordance with NSF Privacy Act Regulations.*





Photo Credit: Josh Landis

## WHAT'S NEW IN 2018-2019 for ASC PERSONNEL

### **Baggage Limits Strictly Enforced**

United Airlines will enforce the USAP baggage allowance at check-in.

ASC has a contract with United Airlines and despite what United's website says, the USAP baggage allowance is two bags up to 50 pounds (23kg) each, with a maximum exterior dimension (length + width + height) of 62 inches (158 cm). You will pay for any overages and those costs are not reimbursable.

(For the Ice flight to McMurdo, the baggage allowance remains at 85 pounds (38.5kg), also strictly enforced. On the vessels, there are no weight limits but space is limited.)

### **TLC Acquired TMP**

Travel Leaders Corporate (TLC) has acquired ASC's travel agency Travel Management Partners (TMP). Your e-tickets will be emailed from TLC ([antarcticagents@tlcorporate.com](mailto:antarcticagents@tlcorporate.com)).



# USAP DEPLOYMENT INFORMATION

## for ASC Employees

- Please direct job-specific questions, and questions about your Ice dates, to your Hiring Manager.
- Passports must be valid for six months *after* your return; undamaged beyond normal wear and tear, with a blank page for each country to be visited. Please take the time to check it now. Airline carriers will not allow you to board, and some countries will not allow entry, if these requirements are not met.
- Check the expiration of your ATM and credit cards, too, before you deploy. Palmer Station is cashless.
- Fill out the forms in this packet and return them within eight weeks, or ASAP if your deployment date is sooner. (All candidates please, including alternates.) Blank forms are available at <http://www.usap.gov/travelAndDeployment/contentHandler.cfm?id=765>. You do not have to wait until you physically qualify.
- Do *not* return forms via email; fax and U.S. Mail are more secure.
- Be sure ASC has your current contact info! ASC uses the email and mailing address you give us on your travel forms. Let ASC Travel know if your situation changes. Also:
  - The name on your ticket *must* match your passport and if it does not, the airlines will stop you at check-in. “Name exactly as it appears on passport” means exactly that.
- **Once you submit your paperwork, you cannot change your Airport of Departure (AOD).** The AOD is the closest major airport to your home address. If you wish to depart from another city, you’ll be returned to that same location.
- You must submit your HR and travel paperwork and be physically qualified before tickets can be purchased. Late submittal might jeopardize your deployment or even your employment.
- Keep copies of your travel forms in case anything is lost in transit.
- Please check regularly for USAP emails. Check spam folders too.
- Your Ice dates are determined by your job and your supervisor. Changes are coordinated through your Hiring Manager. Be prepared to travel on weekends and maybe holidays. ASC Travel is unable to change your Ice dates so please do not ask them.
- Orientation for McMurdo and South Pole is partly in Christchurch, partly on the Ice. There isn’t a lot of free time in Christchurch. Orientation for Palmer and vessels is in Denver.
- All travel arrangements are made in accordance with the Federal Acquisition Regulations (FAR) and in the best interest of the U.S. Government. Contract employees are not allowed pre-deployment personal travel en route to Antarctica. Please do not ask ASC Travel to consider special routing or layovers, which can be considered misuse of government funds.
- Review airline baggage policies before departure for prohibited items, especially if traveling on more than one airline.
- Be prepared to pay baggage fees at check-in and if/when you change carriers. **The USAP allows two normal-size 50lb/23kg checked bags on commercial flights to New Zealand and Chile.** If you travel within these allowances and are still charged baggage fees, you may expense them with receipts. However, charges for oversize bags, that is, any bag larger than 62 inches (158 cm) overall (length + width + height), are not reimbursable.



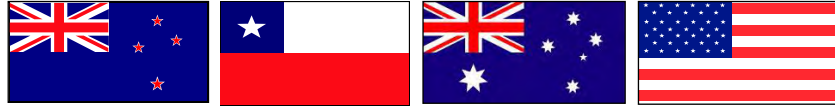
- USAP baggage allowances do not apply to personal travel. If you elect anything other than FAA during redeployment, you are responsible for all airline baggage fees.
- For the Ice flight between Christchurch and McMurdo, the baggage allowance is 85lb/38.5kg for all participants, strictly enforced. (Save room for about 10lbs of extra Extreme Cold Weather gear.) The number of bags is not limited but the maximum weight for a single piece is 70lb/32kg. Hand carry is limited to 15 pounds that must fit into a standard airline sizing box.

On board the vessels, there are no weight restrictions but space is limited.

- Some airlines charge for preferred seating and special meals. ASC Travel tries to honor your preferences but cannot pre-pay or reimburse airline surcharges. Most seats on international flights aren't assigned until check-in.
- Travel documents are emailed after you return the forms in this packet, about a month before deployment. These include a 12-month visa for New Zealand or a USAP participation letter for Chile, but *not* your ticket which is emailed separately.
- Tickets are e-tickets. Your final itinerary is emailed 14-21 days before deployment; you'll want to print it and bring it with you. Please check your email (including SPAM folders) frequently as deployment approaches.
- Once you're ticketed, further details about your time in New Zealand or Chile (hotel, clothing issue, etc.) will be emailed from the Christchurch or Punta Arenas Travel office. Room and taxes are direct billed to ASC but the hotel will swipe a personal credit card for incidentals.
- Package mail to the Ice is limited after Thanksgiving, so holiday packages should be mailed via U.S. Mail no later than October 15th. (Tell your friends and families, too.) Even so, there are no guarantees with package deliveries. First Class mail is not restricted so it might be wisest to mail essential items to the Ice as First Class flat/envelope mail.
- For other information about life on the Ice, consult the online [USAP Participant Guide](#). For example:
  - Bring (extra) sunglasses.
  - Bed linens are provided but not towels.
  - No skyping, no drones.
  - Bring your own long underwear.
- Any TDY in Christchurch must be pre-approved.
- If there are changes to your medical or dental health after you physically qualify, you *must* notify [medical@usap.gov](mailto:medical@usap.gov) before you deploy.
- All wintering females of child-bearing age are screened for pregnancy one to two weeks before station close. Pregnancy is a "Not Physically Qualified" condition for Antarctic deployment.
- Redeployments are processed on the Ice and are coordinated with your supervisor or MPC.

**ASC Travel**  
**7400 South Tucson Way**  
**Centennial, CO 80112**  
**phone: 800-688-8606 x33202 or 303-790-8606 x33202**  
**fax: 303-705-0742**





# CUSTOMS AND IMMIGRATION

## PASSPORTS

Regardless of nationality, your passport must be valid for six months *after* your return.

## VISAS – U.S.Citizens

If you are a U.S. citizen you do not need a visa for New Zealand, Chile, or while transiting through Australia.

## VISAS – non U.S.Citizens

If you do not possess a U.S. passport, the U.S. Antarctic Program does not, and cannot, provide advice about obtaining visas. Check entry requirements with the consulate of the countries to be transited/visited. Any necessary visas should be obtained *at least eight weeks before deployment*. **Failure to do so could delay or even prevent your deployment.**

For Australia and New Zealand, request a visitor's visa.

For Chile, request a multiple-entry tourist visa. As far as Customs and Immigration is concerned, you will be entering and departing Chile twice.

If you need a letter identifying you as a USAP participant in order to obtain a visa, please contact ASC Travel.



## New Zealand

All participants receive a letter that identifies them as a USAP participant, to whom New Zealand grants an extended visitor visa valid for 12 months. The 12 months start the day you arrive in New Zealand and Ice time is included in your New Zealand "trip."

If you plan on traveling in New Zealand after your deployment, you must not let your visitor visa expire. Electronic visa extensions are available for up to three months by emailing [INZCHCExpress@mbie.govt.nz](mailto:INZCHCExpress@mbie.govt.nz) before you leave the Ice. Visas can also be extended in person at any NZ Immigration office, for a fee.

If you're deployed longer than 12 months, you'll need to email [INZCHCExpress@mbie.govt.nz](mailto:INZCHCExpress@mbie.govt.nz) and obtain a three-month extension *before* you leave the Ice.

When you stay in New Zealand as a tourist, the U.S. Antarctic Program is no longer your sponsor, and you are responsible for observing Immigration and Customs regulations.

### High Value Goods

If you plan on carrying any single item worth more than US \$1000, excluding personal items such as laptops and cameras, please indicate that on the *Trip Details* form in this packet.

### Tobacco Products

You are entitled to bring the following quantities of tobacco into New Zealand duty-free. Anything more is subject to Customs duty and goods and services tax (GST). These restrictions do not apply to electronic cigarettes.

- 50 cigarettes, or
- 50 grams of cigars or loose tobacco, or
- A mixture of all three weighing not more than 50 grams.

### Websites

New Zealand Customs home page: [www.customs.govt.nz](http://www.customs.govt.nz)

Visas: <https://www.immigration.govt.nz/new-zealand-visas>

Duties and allowances: <https://www.customs.govt.nz/personal/duty-and-gst/whats-my-duty-estimator>

Prohibited and restricted items: <http://www.customs.govt.nz/features/prohibited/imports/Pages/default.aspx>





## Chile

U.S. citizens with a valid passport can enter Chile for up to 90 days on a tourist visa, reset at each port of entry.

### Websites

Visas (unofficial): <http://chile.travisa.com/Common/TVSVisaInstructions.aspx?countryid=cl>

FAQs: [www.aduana.cl/frequently-asked-questions-international-travelers/aduana\\_eng/2013-04-15/142533.html](http://www.aduana.cl/frequently-asked-questions-international-travelers/aduana_eng/2013-04-15/142533.html)



## Australia

U.S. citizens transiting through Sydney do not need a visa, however, you must stay inside the transfer area of the international terminal. “Transiting” is defined as changing flights/traveling through the airport for less than eight hours. Leaving the terminal is a violation of Australian law.

A scheduled layover in Sydney longer than eight hours requires an electronic visitor’s visa (ETA subclass 601). Passengers with ETAs *are* allowed to leave the terminal. If ASC Travel purchases your ticket and your passport is ETA-eligible, an ETA will be purchased about a week before your deployment and attached electronically to your passport. Participants from ETA-ineligible countries should apply for a visitor’s visa at least eight weeks before deployment. If you are self-ticketing, you’ll need to purchase the visa yourself.

When unscheduled flight delays create a layover longer than eight hours, the airline generates an ETA for you before you land. If you are delayed through your own fault, be prepared to purchase the ETA yourself.

Sea travel also requires a Maritime Crew Visa (MCV subclass 988). If you’re boarding a ship in Hobart, the MCV must be obtained before you arrive in Australia, and the application can take up to 30 days. ASC Travel can assist.

### Websites

Australian Home Affairs home page: <http://www.customs.gov.au/>

Visas: <http://www.border.gov.au/Trav/Visa>

Electronic Visitor’s Visa (ETA subclass 601): <http://www.border.gov.au/Trav/Visa-1/601->

Maritime visas (MCV subclass 988): <http://www.border.gov.au/Trav/Visa-1/988->

Duties and allowances: <http://www.border.gov.au/Trav/Ente/Duty-Free-concessions>



## United States

### ESTA

IF you do **not** possess a U.S. passport, **and**:

- IF your travel originates in a foreign country (excluding Canada), **and**
- IF you are transiting through the U.S. en route to Antarctica,

you must register with ESTA (Electronic System for Travel Authorization) at <https://esta.cbp.dhs.gov/esta/> before you leave home. This is a requirement of the U.S. Department of Homeland Security and applies even if you are only in the U.S. to connect to another flight.

From the U.S. Customs and Border Protection website:

“If a traveler is only planning to transit through the United States en route to another country, when he or she completes the ESTA application, the traveler should enter the words "In Transit" and his or her final destination in the address lines under the heading ‘Address While In The United States.’”

*Information on this page is subject to change.*



# USAP BAGGAGE ALLOWANCE

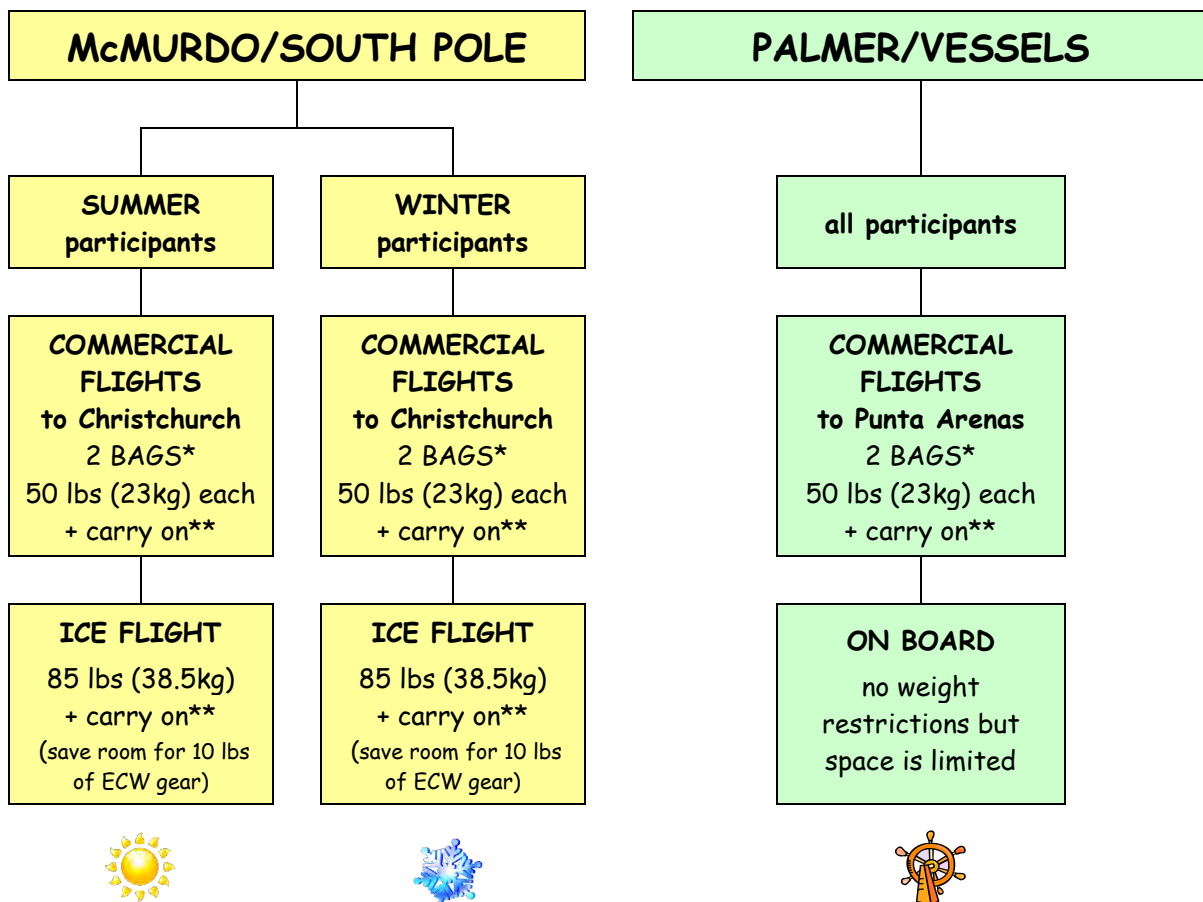
## SOUTHBOUND

If your luggage is within the USAP baggage allowance, you should not have to pay baggage fees on United Airlines. Be prepared to pay baggage fees on other airlines. If you travel within these allowances and are still charged baggage fees, ASC will reimburse *with receipts*. Oversize bags such as hockey bags\* are not reimbursable.

## NORTHBOUND

The USAP baggage allowance does not apply to personal travel. If you elect anything other than FAA when redeploying, you are responsible for baggage fees.

Ice flight allowances are strictly enforced; excess baggage must be pre-approved.



There are weight and balance concerns on all flights to the Ice. The USAP reserves the right to bump personal baggage in order to meet safety and cargo requirements.

**★ NO AIRLINE ACCEPTS BAGS OVER 70 LBS ★**

\*any bag larger than 62 inches (158 cm) overall (length + width + height) is considered oversize and is subject to extra (non-reimbursable) baggage fees

\*\*must fit into a standard airline sizing box





# AIRLINE POLICIES

**Airline policies are beyond ASC's control.**

Passports:	Valid six months <i>after</i> return. Undamaged beyond normal wear and tear. At least one blank page for every country you plan on visiting.	If not, the airline has the right to deny boarding at your AOD.
Limited Baggage Transfers:	<i>Ask when you check in:</i> How far are your bags going? Increasingly, airlines are not honoring baggage transfers between carriers.	You might have to retrieve your bags and re-check while them en route, especially if you switch airlines. ASK when you check in.
Number of Bags:	See the <i>USAP Baggage Allowance</i> page.	Be prepared to pay baggage fees at the counter, reimbursable within USAP limits.
NOTE: The USAP baggage allowance does not apply to personal travel. If you elect anything other than FAA at redeployment, baggage fees going north are not reimbursable.		
Lithium Batteries:	Increasingly, airlines are prohibiting lithium batteries in checked baggage.	Check the airline website for more info about prohibited items.
Check-in:	90 minutes domestic, 2 hours international.	Later than that, the airline can deny boarding.
Special Meals:	Airlines often charge for special meals.	ASC will submit your request but cannot reimburse airline surcharges.
Seat Preference:	Airlines often charge for preferred seating.	Seat assignment on international flights is often delayed until check-in. ASC will submit your preference but cannot guarantee aisle or window seating.
ID:	Name on your government-issued ID (i.e., passport) must match the name on your ticket <i>exactly</i> .	If not, you WILL be denied boarding at your AOD.
Homeland Security:	Last minute changes; no-shows.	Raises red flags, incurs delays at check-in. If you skip, miss, or change any flight leg, notify ASC Travel.

Confirm your itinerary with the airline(s) 24 hours prior to flight.  
Last minute changes are difficult, if not impossible to accommodate.

Don't miss your flight! ASC may not be able to rebook you.





# AIRPORT OF DEPARTURE (AOD)

Airport of Departure (AOD): The point of origin before deployment and the point of return after redeployment.

The USAP requirement is to fly you from a U.S. location to Antarctica and back to the **SAME LOCATION** via the most direct route. ASC is a government sub-contractor and must abide by USAP policy. Deviation can be considered misuse of government funds.

Once you submit an AOD (on the *Trip Details* form in this packet), you cannot change it.

## **Redeployment**

You will have the opportunity to ask questions and review redeployment travel options at the redeployment meetings on the Ice.

ASC is not a travel agency. As a government subcontractor, ASC cannot expend labor or funds to adjust an itinerary to accommodate a traveler's preferred routing or to arrange domestic or international layovers.

### **ASC Travel**

7400 S. Tucson Way  
Centennial, CO 80112-3938

1-800-688-8606 or 303-790-8606, x33202

303-705-0742 (fax)



# TRIP DETAILS FOR ASC EMPLOYEES

Date: \_\_\_\_\_

Return this form to: ASC Travel, 7400 South Tucson Way, Centennial, CO 80112-3938  
Fax: 303-705-0742; phone: 800-688-8606 x33202 or 303-688-8606 x33202

<b>NAME:</b> <i>(last, first, full middle name)</i>	<b>NICKNAME:</b>	<b>GENDER:</b> <input type="checkbox"/> M <input type="checkbox"/> F
<b>MAILING ADDRESS:</b>	<b>PERMANENT ADDRESS:</b> <i>(if different)</i>	<b>CONTACT INFO:</b> CELL: _____ WORK: _____ HOME: _____ EMAIL(s): _____

Departing from:  Mailing address  Permanent address **AIRPORT OF DEPARTURE:** \_\_\_\_\_  
 Other: \_\_\_\_\_  
*Physical address required (no P.O. boxes) for mileage reimbursement.*

**Passport Status:**  
 Valid for six months after redeployment  No passport yet  Other: \_\_\_\_\_

Job Title: \_\_\_\_\_ Winterover?  Yes  No

**Employed by (check one):**  
 Best Recycling  Leidos  Other: \_\_\_\_\_  
 Gana-A-'Yoo (GSC)  PAE  
 GHG  UTMB

Have you deployed before?  Yes  No What year? \_\_\_\_\_

<b>Seating:*</b> <input type="checkbox"/> Aisle <input type="checkbox"/> Window	<b>Special Meals:*</b>	Freq Flyer 1: Airline _____ FF # _____ Freq Flyer 2: Airline _____ FF # _____ TSA/Global Entry #: _____
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**Hotel in Christchurch:** Hotels in Christchurch are assigned

**Hotel in Punta Arenas:**  Cabo de Hornos  Diego de Almagro  Dreams  
*1<sup>st</sup> choice, not guaranteed*  Jose Nogueira  Isla Rey Jorge  straight to vessel

**Hotel Check-In Date:** \_\_\_\_\_ **Check-Out Date:** \_\_\_\_\_

Room Type:  Smoking  Non-Smoking  Single  2 Twin Beds  1 Double Bed  
 Roommate Request: \_\_\_\_\_  
 No Hotel Required:  Local contact phone number: \_\_\_\_\_

*\*You are responsible for airline surcharges.*





# PASSPORT DETAILS

ASC Travel must collect current passport information from all deploying participants for ticketing and visa purposes.

Your passport must be valid for six months after redeployment, undamaged beyond normal wear and tear, with a blank page for each country en route.

Complete and submit form via secure fax 303-705-0742 or U.S. Post Office Mail. **Do not email this document.**

Enter information exactly as it appears on passport, and please print legibly.

Last Name: \_\_\_\_\_ Suffix: \_\_\_\_\_

First Name: \_\_\_\_\_

Middle Name: \_\_\_\_\_ no middle name:

Gender: Male  Female

Nationality: \_\_\_\_\_

Passport Number: \_\_\_\_\_

Date of Birth Day: \_\_\_\_\_ Month: \_\_\_\_\_ Year: \_\_\_\_\_

Country of Birth: \_\_\_\_\_

Date of Issue Day: \_\_\_\_\_ Month: \_\_\_\_\_ Year: \_\_\_\_\_

Date of Expiration Day: \_\_\_\_\_ Month: \_\_\_\_\_ Year: \_\_\_\_\_

*Passport must be good for six (6) months after return.*

Issuing Authority: \_\_\_\_\_

Do you hold any citizenship other than the nationality provided with the passport above? Yes  No

Redress # (if any):\* \_\_\_\_\_

*USAP Records are maintained in accordance with NSF Privacy Act Regulations.*

\* A Redress Number is a unique 13-digit identifier issued by the Department of Homeland Security to individuals who have applied for a Redress Number through the Traveler Redress Inquiry Program (TRIP). Under the terms of the Secure Flight program, such individuals shall provide their Redress Number when making all travel reservations.



# Extreme Cold Weather Clothing Sizes

Please print clearly

Your Name: \_\_\_\_\_  
 (First name, Full Middle Name, Last Name)

Gender:  Male  Female

Deploying to:  McMurdo  South Pole  remote field camp  Palmer/vessels

Season:  WINFLY  Summer  Winter

Is this your first deployment?  Yes  No

**You are a (check one):**

Grantee  Tech Event  Seasonal Contractor  Fulltime  Other (specify): \_\_\_\_\_

Event #: \_\_\_\_\_

NSF Staff

Best Recycling

Gana-A'Yoo (GSC)

GHG

Leidos

PAE

UTMB

Job Title: \_\_\_\_\_



Height:			Weight:				
Jacket Size:	<input type="checkbox"/> x-small <input type="checkbox"/> small <input type="checkbox"/> medium <input type="checkbox"/> large <input type="checkbox"/> XL <input type="checkbox"/> 2XL <input type="checkbox"/> 3XL <input type="checkbox"/> 4XL <input type="checkbox"/> bringing personal jacket						
Chest Size:							
Glove Size:*	<input type="checkbox"/> x-small <input type="checkbox"/> small <input type="checkbox"/> medium <input type="checkbox"/> large <input type="checkbox"/> XL <input type="checkbox"/> 2XL <input type="checkbox"/> 3XL						
Waist (inches):			Inseam (inches):				
Shoe Size:	_____ <input type="checkbox"/> bringing personal boots						
Additional Requirements:							

\*For gloves, measure around the fullest part of the palm (excluding thumb). Measure from the tip of the middle finger to the base of the hand. The largest measurement is your glove size.

Inches	7	7½-8	8½-9	9½-10	10½-11	11½-12	12-13½
Centimeters	18	20	23	25	28	30	33
Glove Size	XS	S	M	L	XL	2XL	3XL



# Extreme Cold Weather Gear

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**USAP participants must supply their own socks and base layer insulation clothing to fulfill the Extreme Cold Weather (ECW) clothing requirement.**

The following ECW items are **required** to deploy to Antarctica, including both USAP- and participant-provided clothing. Ask your supervisor or science implementer if you have questions about appropriate clothing.

## USAP-Provided ECW Clothing

- Parka (continental) or windbreaker jacket (peninsula)
- Boots
- Windpant with fleece pant liner or insulated Carhartt bib
- Fleece jacket
- Hat
- Gloves
- Neck gaiter
- Goggles
- Rain jacket and rain pants (peninsula only)

## Participant-Required ECW Clothing

The following items must be supplied by the participant.

- Socks
  - Mountaineering, winter-weight, non-cotton
  - Fabric suggestions: Merino wool or nylon/lycra blend
  - An additional, lightweight, liner sock to be worn underneath is suggested to assist in wicking sweat away from the foot (e.g., merino wool or polypropylene)
  - Suggested quantity is 2-4 pairs each
- Base layer, lightweight (thermal, long underwear - tops and bottoms)\*
  - This insulation layer is worn directly next to skin to wick moisture away from the body
  - Fabric suggestion: synthetics (e.g., polypropylene, polyester, branded materials) or natural fibers (e.g., silk or merino wool)
  - Non-cotton
  - Density approximately 140-200 grams per square meter
    - > The clothing label or website might list this as “140 weight” or another number within this range
- Base layer, mid-weight (thermal, long underwear - tops and bottoms)\*
  - This insulation layer can be worn independently or over base layer
  - Helps protect against cold and wicks moisture from the body
  - Non-cotton
  - Fabric suggestions are synthetics (e.g., polyester, nylon, non-bulky fleece, branded materials such as PolarTec) and natural fibers (e.g., merino wool, down)
  - Density approximately 260-320 grams per square meter
    - > The clothing label or website might list this as “260 weight” or another number within this range

\*An Internet search for light and mid-weight base layers and mountaineering socks will yield recommendations in several price ranges.



# Want to Bring Your Own ECW?

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If this is your first deployment, you cannot bring your own ECW gear.

Returning participants have the option to bring their own ECW, use the gear provided by the USAP, or a combination of both. The option to bring your own ECW only applies to participants returning to locations and seasons with which they have previous experience (e.g., McMurdo at WINFLY, summer at Dome C, sea ice summer, South Pole winter, etc.).

South Pole winterovers may bring their own ECW but must also accept USAP-provided items.

ECW clothing is an area of personal responsibility, one that requires participants to maintain awareness of the conditions they are likely to encounter during certain activities.

If you elect to bring your own ECW, items **MUST** meet the technical specifications below.

## Parka (Expedition/Belay Weight Insulated Jacket)

- 800+ cubic inches of synthetic or down fill (loft of the insulation - "puffiness")
- 250+ grams of insulation (weight of the insulation itself)
- Windproof outer shell
- Attached hood
- Fitted closures at cuffs and bottom, to prevent drafts
- Longer than waistline, especially when bending over, to prevent drafts
- Must keep you warm when inactive for 12 hours, in case of aircraft delays or other field situations

Examples: Rab Positron Jacket 800 fill/275 grams, Patagonia Fitz Roy Down Parka 800 fill

## Boots

- 1000+ grams of insulation
- Removable liner-insert style boot
- Enough additional liner inserts so as to always have a dry liner available
- For summer deployments to Palmer Station, McMurdo Station and the Dry Valleys, temperature rated for -40C/F
- For South Pole and all other continental field locations and seasons, temperature-rated for -100C/-148F
- Must keep your feet warm and dry when standing on snow or ice while inactive for 12 hours, in case of aircraft delays or other field situations

Examples: Baffin Impact, Baffin Apex, Sorel Caribou

## Pants

- Layered system consisting of a windproof outer shell (Gore-Tex or Schoeller equivalent), worn with insulating long underwear of puffy layers underneath
- Or, Carhartt quilted pants/bibs with 400 grams of insulation  
Note: Carhartt 400 gram quilted items are the *only* products utilizing cotton that are acceptable
- Must keep you warm when inactive for 12 hours, in case of aircraft delays or other field situations

Examples: Arctic Cat Advantage bib, Canada Goose Tundra bib overall, Ski-Doo Expedition highpants

*It is no longer necessary to inform the Christchurch Clothing Distribution Centre of your intention to bring your own ECW.*



# Antarctic Lodging Request Worksheet

(Complete for McMurdo, South Pole and Palmer Stations)

Name: \_\_\_\_\_  Male  Female

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Station:  McMurdo  South Pole  Palmer

Winterover?  Yes  No

To facilitate your housing in Antarctica, the following information is extremely helpful.  
Please understand that we cannot guarantee a specific roommate/suitemate or room assignment.

Roommate Requested: \_\_\_\_\_

Suitemate(s) Requested: \_\_\_\_\_

If known, do you snore?  Yes  No  Unknown

Are you a smoker?  Yes  No

*(Note: Smoking is prohibited in dorm rooms. Smoking is permitted in designated outside areas only.)*

Note: Housing for McMurdo and South Pole Stations is assigned.

Palmer Station Room or Building Request:  GWR  BIO

Notes / Comments: \_\_\_\_\_

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*If you have any questions or special needs, please contact your USAP Point of Contact.*

**ASC Travel**  
7400 S. Tucson Way  
Centennial, CO 80112

phone: 800-688-8606 x33202 or 303-790-8606 x33202

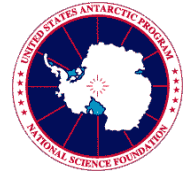
fax: 303-705-0742

email: [deploy@usap.gov](mailto:deploy@usap.gov)





## United States Antarctic Program



# Computer Requirements for Connecting to the USAP Network

The United States Antarctic Program (USAP) addresses US federal government security and operational requirements for computing systems by screening *all* computers (including scientific/research instrumentation systems, mission operation systems, workstations, personal computers (PCs), servers, laptops, and portable notebooks) prior to connecting to the USAP network.

The following system requirements and operating system specifications apply to all participants desiring to connect to the USAP network with a non-USAP issued computing device, including bring your own device (BYOD), mobile devices (if authorized), and science equipment. Screening requirements apply to all participants who request access to USAP systems.

**The latest information regarding USAP computer requirements, service, and infrastructure can also be found at <https://www.usap.gov/usapgov/technology/index.cfm?m=4>. Please direct inquiries to the USAP Help Desk at (720) 568-2001 or [helpdesk@usap.gov](mailto:helpdesk@usap.gov).**

To minimize wait time for computer screening, please ensure that your system meets the requirements identified in this document prior to deployment. Failure to comply with these guidelines may result in excessive delays or a denial of access.

A computer system must continuously maintain compliance with these computer requirements. A system that falls out of compliance (e.g., falls behind with anti-virus definitions, patches, or vulnerability remediation) may be disconnected without notice if the NSF determines there is an unacceptable level of risk or threat to the USAP environment.

## System Requirements

### Operating System and Software Patches

Device operating systems (OS) must be running on a version that is currently in accordance with USAP computer requirements and be updated with the most current patch level of the OS, including the most current security patches. Applications running on the system must also be patched when patches are released by the software vendor.

### Antivirus

All devices must have antivirus software running at the current version and must be configured for automatic updates. Computers must be free of viruses prior to connecting to the USAP network and must maintain the current DAT version as updates are available.

### Connectivity

Participants must provide all necessary equipment to connect the computer system to the USAP network, including the Network Interface Card (NIC), external dongles or attachments used by the NIC, device drivers, etc. All equipment must be in working order.





## Prohibited Protocols

Applications and software that utilize clear text are prohibited (e.g., Telnet, FTP, and Cisco SmartInstall), as they present a high risk to the USAP network. These protocols must be replaced with secure versions, such as SSH and SFTP.

## Prohibited Actions

Prohibited actions include any activity designed to create an anonymous identity, inspect network traffic, determine vulnerabilities, and circumvent security or any other action that is not explicitly allowed or allowed by a Research Support Plan (RSP), including the following:

- Changing a MAC address
- Man-in-the-middle
- Sniffing and network scanning
- Utilizing credentials other than those provided
- Performing any action to circumvent enterprise security

## Client and Server Software

Client software used for email and web browsing, as well SSH and SFTP software, are permitted. Software that is not permitted for use on the USAP network includes, but is not limited to, the following:

- Peer-to-peer (P2P) software (e.g., BitTorrent, KaZaA, Gnutella, Freenet)
- Email server software that provides SMTP/POP port services; some examples include Exchange, Eudora, and send mail.
- Web server software that provides HTTP/HTTPS/FTP services; some examples include IIS, Apache, and Lighttpd.
- Network management servers, such as DNS and SNMP.
- Network or port scanning software, such as Nessus.
- Penetration tools such as Metasploit, BackTrack, and Wireshark.
- Unauthorized wireless access points and other network devices (firewalls, routers, etc.)
- Anonymizers or anonymous proxy tools

Software requiring NSF approval for use on the USAP network for official business purposes (such as educational outreach) includes Skype and other network bandwidth intensive applications, including video and audio streaming software.

## Computer Screening Process

Screening technicians gather the information in the following table during the computer screening process. System operators who connect to the USAP network without a screening rating of “Pass” are in violation of USAP information security policy and may be disconnected without notice. A “Fail” rating indicates that the system owner is responsible for remediating the system as soon as possible to remain connected to the USAP network.

Data Collected By Computer Screening	
Owner's full name	All MAC addresses
Agency	OS version and patch level
Computer make and model	Antivirus software version and DAT file date
Computer hostname	Technician's name

For any concerns or clarifications, contact [USAP-InformationSecurity@usap.gov](mailto:USAP-InformationSecurity@usap.gov).





## United States Antarctic Program



# Deployment Requirements for Information Security and Privacy Training

This document outlines information regarding information security awareness training requirements for all United States Antarctic Program (USAP) participants and provides instructions for meeting those requirements. For more information, refer to the [USAP Information Security Policies and Instructions](#) page.

## Information Security Training Acknowledgment Requirement

The National Science Foundation (NSF) has mandated that all USAP participants are required to do the following prior to gaining access to the USAP network and network resources (including accessing the Internet from a USAP location):

- Complete the Information Security and Privacy Training course online.
- Sign and return the [Acknowledgement of Information Security Policies and Permission for Use](#) form
- Sign and return the [Acknowledgement of USAP Rules of Behavior for Sensitive Information and Personally Identifiable Information](#) form.

These actions are required annually. These mandates stem from the *Federal Information System Management Act of 2002* (FISMA), and are required as a condition for deployment. USAP Information Security policies and Enterprise Rules of Behavior (EntROB) may be found at <http://www.usap.gov/technology/contentHandler.cfm?id=1563>

**You will not be granted USAP Network access (including access to the Internet) if you have not completed these requirements.**

ASC participants are required to complete Information Security and Privacy Training prior to deployment or during orientation and annually thereafter, for as long as they are on contract. We strongly encourage completing this requirement prior to deployment to Christchurch, NZ or Punta Arenas, Chile.

## Instructions for Completing Information Security and Privacy Training

Use the steps that follow to complete Information Security Privacy Training:

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**Note** The online learning management system is provided by Bridge. Email notifications generated from this system have the following sender address: [notifications@usap.bridgeapp.com](mailto:notifications@usap.bridgeapp.com)

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1. Visit the USAP Online Learning Center page [<http://www.usap.gov/onlinelearningcenter/>] for a basic overview of the training system.
2. Enter Bridge using the button in the Launch section, on the right.
3. Use your USAP ID/Pipeline number (a 7-digit number unique to you) to log into the Bridge Online Learning Center (OLC).

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**Note** If you do not know your USAP ID/Pipeline number, refer to your medical deployment packet or contact your Human Resources representative.

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4. If you have previously set up a Bridge OLC password, enter the password and log in. Skip to step 7.
5. To set up an initial password (or to reset a forgotten password) please utilize the Forgot Password link.
  - Deploying/contract personnel will receive a “Reset Your Bridge Password” email in the personal email account identified for use in deployment communications.
  - The sender address will be as follows: notifications@usap.bridgeapp.com
  - The password resent link in the “Reset Your Bridge Password” email is valid for 24 hours. If this time passes, return to Bridge and select the Forgot Password link on the login page.
6. Once you have received your Reset Your Bridge Password email, click the link provided to create a new password.

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**Note** This password is not associated with any other account, such as your USAP network account. This password is unique to the Bridge OLC.

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7. The My Learning page appears after login. Click the link for the Information Security and Privacy/Sensitive Information Awareness Training course that all USAP participants are required to complete.

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**Note** Some participants are required to complete an additional course: Privileged User Training. If this training appears on your My Learning page, you are required to take the course.

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8. A title page appears. Click Enter Course.
9. Read the course information by scrolling down on each page to view all content. Click Continue to move forward through the course.
10. At the conclusion of the course, a “Complete” button becomes available. You will also be able to view your certificate of completion. At this point, your completion has been recorded in the system. Print the certificate for your records.
11. Fill out and sign the [Acknowledgement of Information Security Policies and Permission for Use](#) and the [Acknowledgement of USAP Rules of Behavior for Sensitive Information and Personally Identifiable Information](#) forms, both of which are included in your deployment packet.

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**Note** Electronic signatures for these two acknowledgement forms are not accepted at this time.

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12. Return the completed forms (5 pages total) to the following address:

**ASC Travel  
7400 S. Tucson Way  
Centennial, CO 80112  
or fax to 303-705-0742**

For questions or issues accessing the OLC or while taking the course, contact ASC Information Security at: [USAP-InformationSecurity@usap.gov](mailto:USAP-InformationSecurity@usap.gov) or 720-568-2323.





# The National Science Foundation Polar Programs United States Antarctic Program

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Acknowledgement of Information Security Policies & Permission for  
Use of National Science Foundation/United States Antarctic Program  
Information Systems and Services  
ICT\_FRM\_5000.24a

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## Document Release History

Release Number	Release Date	Description of Changes	Changes Made By	Organization
1.0	10/20/2014	Initial release as USAP form	Patrick Smith	NSF

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## 1 SCOPE OF AUTHORIZATION

Permission for use of National Science Foundation/United States Antarctic Program (NSF/USAP) information systems and services is restricted to authorized participants in the United States Antarctic Program, designated contractors and U.S. Government employees, official visitors, or individuals otherwise having an authorized purpose for gaining access to, and utilizing the services of, NSF/USAP owned, operated, or provided information systems and services. USAP information systems and services include, but are not limited to, those located at the Denver, CO; Charleston, SC; Arlington, VA operating locations and at USAP facilities in Port Hueneme, CA; Christchurch, NZ; Punta Arenas, Chile; Antarctic stations and research vessels.

## 2 AGREEMENT PROVISIONS

Permission for use of NSF/USAP information systems and services requires the following acknowledgements:

1. Government owned system. The information systems of the United States Antarctic Program are National Science Foundation federal government owned information systems. When attaching or otherwise interconnecting personally or privately owned information systems with government systems, the NSF reserves the right to extend its information security policies, Rules of Behavior, procedures, and guidance to these systems in order to ensure the integrity of NSF/USAP systems.
2. Mandatory awareness training. Individuals using NSF/USAP information systems and services must receive information security awareness training no less than once annually. Awareness training is a prerequisite for gaining permission to use NSF/USAP information systems and services. Permission to use NSF/USAP information systems and services may be suspended, revoked or denied, as appropriate, for individuals who have not fulfilled the mandatory awareness training requirement.
3. Only authorized use is permitted. Individuals using NSF/USAP information systems and services without authority, or in excess of their assigned authority, are subject to revocation of access privileges, in part or in whole. Further, access for purposes beyond authorization or assigned authority may be a violation of federal law. Penalties for misuse may include, but are not limited to, appropriate administrative sanctions, civil liability or criminal prosecution.
4. No expectation of privacy. Individuals using NSF/USAP information systems and services should be aware that they have no expectation of privacy. Files maintained in NSF/USAP information systems, including electronic mail files, may be reviewed by NSF officials who have legitimate reasons to do so when authorized by the Director or Deputy Director, or by the Inspector General. Individuals should be aware that NSF reserves the right to conduct work-related investigations for the purpose of investigating work-related misconduct, such as violations of the acceptable use policy.
5. Common Authority and Consent to be Monitored. In the course of conducting routine and corrective systems maintenance and administration, NSF designated systems technical personnel have legitimate work-related needs for access to files, contents of files, configuration data, and system log information, as well as monitoring of user

activities. This extends to any personally or privately owned information systems attached to, or otherwise interconnected with, NSF/USAP systems such that the electronic exchange of information between the two is possible. If such work-related activities reveal possible evidence of criminal wrongdoing, NSF authorizes system personnel to provide the information gained from such activity to NSF officials for administrative action, with referral of such matters to law enforcement officials when appropriate.

6. Protection of sensitive information. Individuals granted access to NSF/USAP information systems and services may, in the course of their official duties, have access to information designated by NSF as sensitive, or protected by federal law including, but not limited to, personal information, procurement information, trade secrets, and other information types. Individuals in such circumstances agree that the confidentiality, integrity, and availability of this information must be protected from unauthorized disclosure, loss, or corruption. Individuals found to be in violation of this prohibition may be subject to appropriate administrative sanctions, civil liability or criminal prosecution.

### 3 LIMIT OF ACCESS AUTHORITY

Permission to access or otherwise utilize NSF/USAP information systems and services shall be terminated upon separation from the United States Antarctic Program to include, but not limited to, termination of grant or grant extensions, termination of employment in support organizations, termination of Government employment, termination of guest/visitor status, determinations by NSF designated authorities to restrict or terminate access, etc. Continued use of NSF/USAP information systems and services, once access authority has terminated is a violation of federal law.

### 4 ACKNOWLEDGEMENT

I, the undersigned, understand that I am authorized to access NSF/USAP information systems and services, as defined under the provisions of this Agreement. I acknowledge that I have received the required information security awareness briefing and my responsibility to abide by all information security policies, Rules of Behavior, procedures, and guidance issued by the National Science Foundation as applied to the United States Antarctic Program information systems and services, either directly or through its duly designated support organizations. I further acknowledge that I have read and understood the terms of this Agreement and agree to abide by them.

Printed Full Name:	Date:
Signature:	
Organizational Affiliation:	
Sponsoring Organization:	



# The National Science Foundation Polar Programs United States Antarctic Program

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## Acknowledgement of United States Antarctic Program Rules of Behavior for Sensitive Information and Personally Identifiable Information ICT\_FRM-5000.24b

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### 1 GENERAL INFORMATION

The purpose of the United States Antarctic Program (USAP) Rules of Behavior for Sensitive Information (SI) and Personally Identifiable Information (PII) is to highlight federal laws and guidelines from NSF and other federal documents for USAP participants with access to SI or PII.

Sensitive Information is information that has been characterized in accord with Federal Information Processing Standard (FIPS) 199, *Standards for Security Categorization of Federal Information and Information Systems* & National Institute of Standards and Technology (NIST) Special Publication (SP) 800-60 Volume 1 rev 1, *Guide to Mapping Information and Information Systems to Security Categories* as requiring access restrictions and protection from unauthorized disclosure. Basic types include:

- Privacy Act Systems of Records
- Personal medical information (PHI – Protected health information)
- Personal Identifiable Information
- Financial information
- Trade Secrets Act protected data
- Commercial proprietary data
- Operational Security (OPSEC) information
  - Current US Air Force and Air National Guard flight operation details
- IT infrastructure information
  - detailed internal USAP network diagrams
- Information Technology information
  - root or system administrator passwords to systems on the USAP network
  - vulnerability scan results
  - system log files

Personally Identifiable Information. *OMB M-07-16 defines "personally identifiable information" as information which can be used to distinguish or trace an individual's identity, such as their name, social security number, biometric records, etc. alone, or when combined with other personal or identifying information which is linked or linkable to a specific individual, such as date and place of*

\_\_\_\_\_/\_\_\_\_\_  
Initials                      Date

birth, mother's maiden name, etc. PII examples provided by NIST SP 800-122, *Guide to Protecting the Confidentiality of Personally Identifiable Information (PII)* include but are not limited to:

- Name, such as full name, maiden name, mother's maiden name, or alias
- Personal identification number, such as social security number (SSN), passport number, driver's license number, taxpayer identification number, or financial account or credit card number
- Address information, such as street address or email address
- Personal characteristics, including photographic image (especially of face or other identifying characteristic), fingerprints, handwriting, or other biometric data (e.g., retina scan, voice signature, facial geometry)
- Information about an individual that is linked or linkable to one of the above (e.g., date of birth, place of birth, race, religion, weight, activities, geographical indicators, employment information, medical information, education information, financial information).

Federal laws and guidelines pertaining to SI and PII include:

- Privacy Act of 1974 ( 5 U.S.C. § 552a)
- E-Government Act of 2002 (44 U.S.C. 3601 *et seq.*)
- OMB Memorandum M-03-22, *OMB Guidance for Implementing the Privacy Provisions of the E-Government Act of 2002*
- OMB Memorandum M-07-16, *Safeguarding Against and Responding to the Breach of Personally Identifiable Information*
- OMB Memorandum M-06-16, *Protection of Agency Sensitive Information*
- Federal Information Security Management Act (FISMA) of 2002 (44 U.S.C. § 3546)

The USAP Rules of Behavior for Sensitive Information and Personally Identifiable Information (SenROB) must be reviewed and signed by USAP participants with access to SI or PII. Signatories accept that they understand and take personal responsibility for the security of sensitive information and personally identifiable information.

The USAP SenROB is founded on the principles described in federal law, and other regulatory documents such as the Code of Ethics for Government Employees, Office of Personnel Management regulations, and Office of Management and Budget. Therefore the SenROB carries the same responsibility for compliance as the official documents cited above.

## 2 USER RESPONSIBILITIES

In the course of performing official duties, USAP participants with access to SI or PII are responsible for avoiding inappropriate access or disclosure of SI and PII of any kind and are bound to follow certain methods of storage and transmission for these kinds of data. These rules of behavior detail the responsibilities of and expectations for all individuals with access to SI or PII.

\_\_\_\_\_/\_\_\_\_\_  
Initials                      Date



### 3 RESPONSIBILITY/ACCOUNTABILITY REQUIREMENTS

- Users should only use systems, software, and data for which they have authorization and use them only for official Polar Programs' business.
- Users with access to systems and data that utilize SI or PII must view and access this information only for the purposes for which use of the data is intended.
- Users must protect sensitive information from unauthorized disclosure.
- Users shall not store SI or PII on portable devices such as laptops, tablets, smart phones and USB drives or on remote/home systems unless approved encryption methods are employed.
- Users are prohibited from transmitting SI or PII via plain text e-mail; only approved encryption methods shall be used.
- All records containing SI or PII must be stored on network drives with access limited to those individuals or entities that require access to perform a legitimate job function.
- All removable or transportable media (e.g., paper forms, reports, cassettes, CDs, USB drives, etc.) containing SI or PII must be secured when not in use. Acceptable security measures depend on the circumstances, but may include locked file rooms, desks, cabinets and encryption.
- Subject to applicable document retention policies or unless required by law, when no longer required, paper documents and electronic media containing SI or PII must be destroyed or disposed of using methods designed to prevent subsequent use or recovery of information in accordance with NIST SP 800-88 Rev 1, *Guidelines for Media Sanitization* and USAP Directive 5000.22, *Media Protection Policy*. Organizations must follow their media sanitization procedures.
- In accordance with OMB Memorandum M-07-16, users must immediately report actual and potential incidents of inappropriate disclosure of SI or PII to the USAP Help Desk Toll Free at 1-800-688-8606 (Extension 32001) or (720)-568-2001 within 24 hours of detection.

USAP participants who have access to SI or PII must adhere to these rules and guidelines. I acknowledge receipt of, understand my responsibilities for, and will comply with the USAP Rules of Behavior for Sensitive Information and Personally Identifiable Information.

\_\_\_\_\_  
Signature of User

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed Name of User

\_\_\_\_\_  
Affiliation

# RETURN FORMS TO ASC TRAVEL

Thank you for completing the 2018-2019 Antarctic Deployment Packet.

- Please return (just the forms) to ASC Travel within eight weeks, or ASAP if your deployment is sooner than that.
- It is not necessary to wait until you physically qualify!
- Do not send travel forms to Medical or vice versa.
- Is your name on each page?
- Are all Information Security pages initialed or signed?

Fax is the preferred option.

Regular mail is the next best option. Unless your deployment is within four weeks, it is not necessary to spend extra money to overnight.

Do NOT return forms by email. ASC email servers are not secure.

Mailing address: ASC Travel  
7400 South Tucson Way  
Centennial, CO 80112-3938

Fax: 303-705-0742

You will receive email confirmation within two working days of receipt. ***Please do not call to ask if we received your fax.*** These calls reduce our ability to move people efficiently through the system during peak times.

Your forms contain personally-identifiable information:

**DO NOT EMAIL YOUR FORMS**

*USAP records are maintained in accordance with NSF Privacy Act Regulations.*

